

Graduating in 2012 with my Diploma of Reflexology from the Aromaflex Academy in Nelson was nothing less than fantastic! Having spent 20 years in the adventure guiding industry and realizing that I probably needed to start being kinder to my own body, I enrolled in the only NZ Reflexology training institute that gave NZQA accreditation, (and also International qualifications - ITEC)
I didn't realize at that time but those NZQA and ITEC qualifications would help me in setting up my own business in the USA.

The staff at Aromaflex Academy are great, studying here I felt like I was part of the small family-like atmosphere of the people working here. Everyone knows who you are, which subject you are studying and greets you by name. (I practically enjoyed the workshop 'swops' with the other classes, where we not only gave and received treatments but also feedback). Another important aspect is of course the price, compared to other institutes offer similar courses, I couldn't go past this one, especially given the actual accreditation I walked away with. I still keep in touch with Aromaflex Academy and use their products, yes even all the way over in the USA. They are products I know and trust. Being of the highest quality I am assured my clients are getting the best possible benefits from these essential oils.

I am very grateful to Shelley and Christine in particular, for their wealth of knowledge and desire to make this modality a national accreditation. Their drive to incorporate Reflexology on a level with other practices such as Physiotherapy and Chiropractic work; where as here in the USA, Reflexology is slotted into the "Adult Entertainment" basket. An embarrassing and insulting terminology to the 1200hours of study, case studies and time put into this Diploma.

I encourage anyone looking at Reflexology, Aromatherapy and/or Massage to study with Aromaflex Academy. Think of your future.

Liz van Beek
Lizardprints Reflexology